

Your dental hygienist: Eileen/Anita/Becky/Yasmin/Clare

Today's treatment will involve the following:

- assessment and monitoring of you oral health
- oral Hygiene advice to help treat or prevent gum disease. This may also include information on how this may affect your general health
- you will be advised on a home care programme on how to brush your teeth and what is best specifically for you for cleaning in between your teeth
- scaling of the teeth to remove any tartar which may prevent you from cleaning effectively. This will help you to maintain good oral hygiene
- we will polish your front teeth with a rubber cup and polishing paste to remove any staining.

Following the treatment the risks are:

- increased recession of the gum tissue
- post-scaling sensitivity
- food packing between teeth
- increased inflammatory bleeding when starting interdental cleaning at home which will subside when in a daily routine.

Your hygienist will discuss with you how to manage these risks.

If your hygienist feels you need treatment that is not within her scope of practice then she will make you aware of this and refer you to the dentist.

Regular hygiene appointments are recommended to maintain oral health and prevent gum disease.

I understand the cost of this appointment will be £68.50 for private patients and £54.50 for our oral care plan patients for a 30 minute appointment. This time is subject to change depending on my oral health condition and I may require further appointments.

Signature: _____